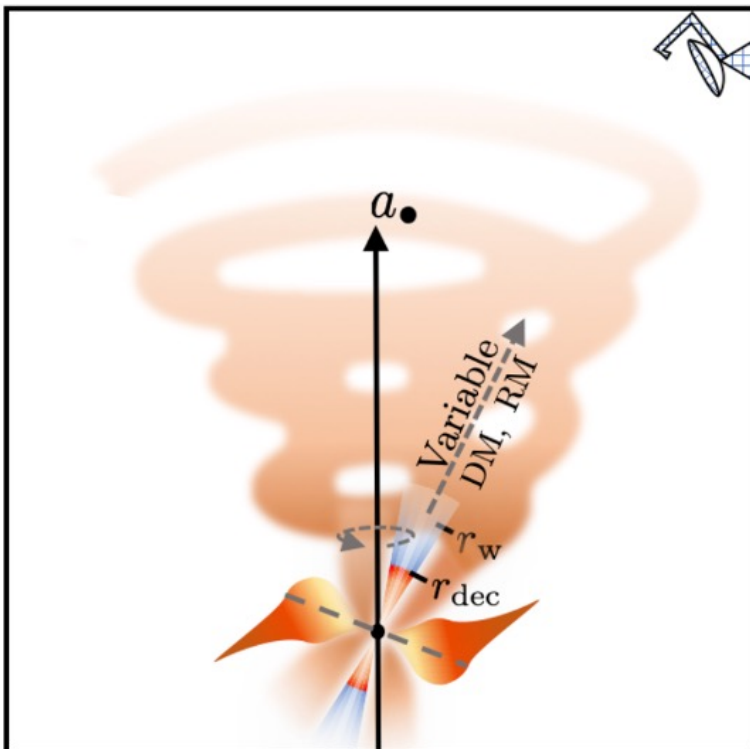


# X-ray Binary Jets as FRB Engines

(with Navin Sridhar)

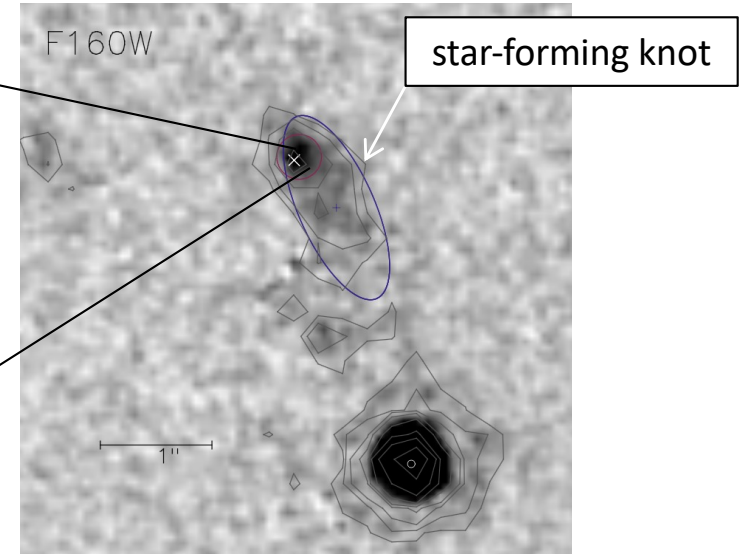
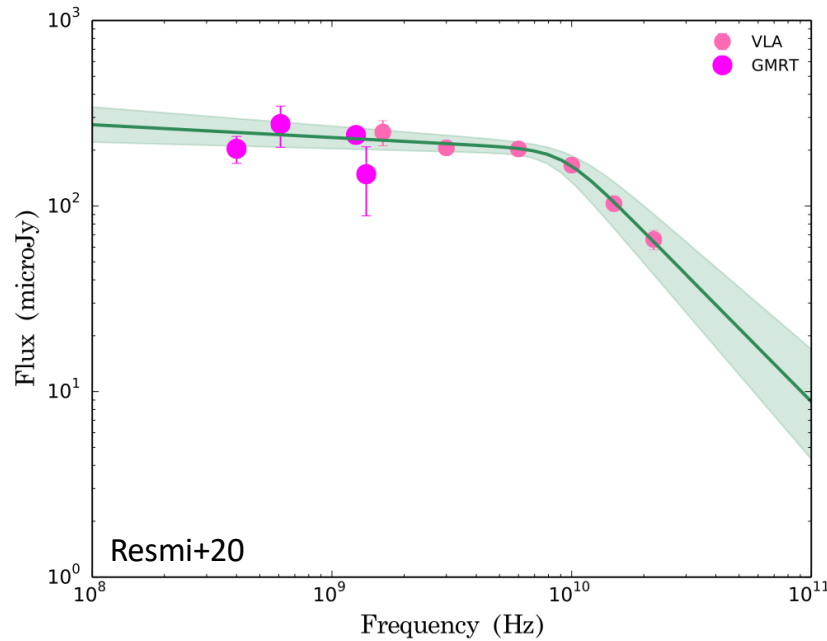


Sridhar, BDM, Beniamini, Margalit, Renzo, Sironi, Kowlakas, 2021, ApJ, 917, 13

Sridhar & BDM, submitted (arXiv: 2206.10486)

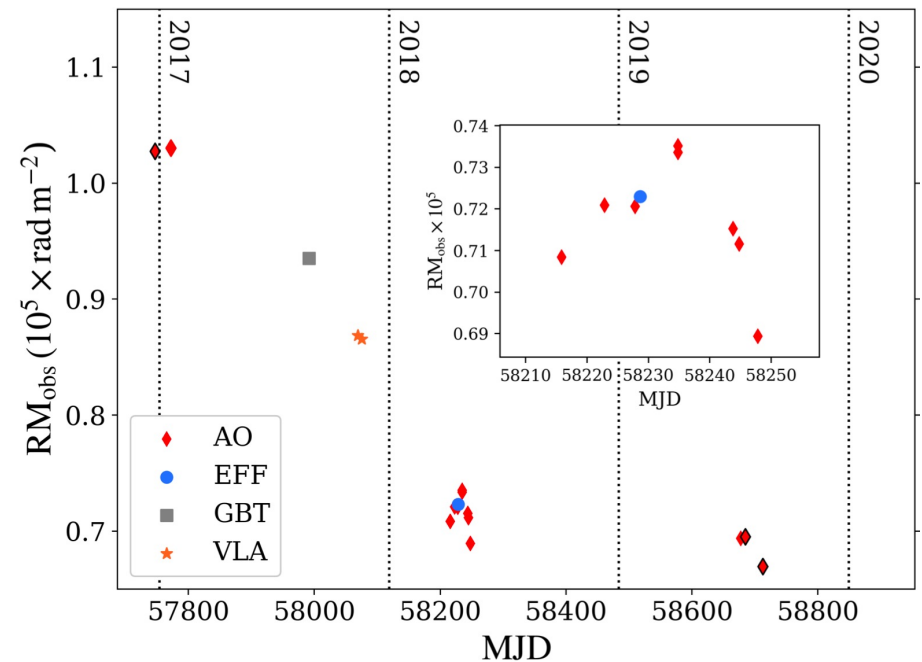
# Watershed: FRB121102 Persistent Source

Chatterjee+17, Tendulkar+17, Bassa+17, Michilli+19



Hilmarrson+22, Michilli+18

- Spatially coincident ( $< 40$  pc) luminous  $vL_\nu \sim 10^{39}$  erg  $s^{-1}$  compact ( $< pc$ ) **synchrotron source**.
- Large time-variable RM  $\Rightarrow$  FRB source embedded in active magnetized **nebula**
- RM-generating medium has **electron-ion** composition instead of  $e^-/e^+$  pairs.



# Engine-Powered Nebula

Margalit & BDM 18

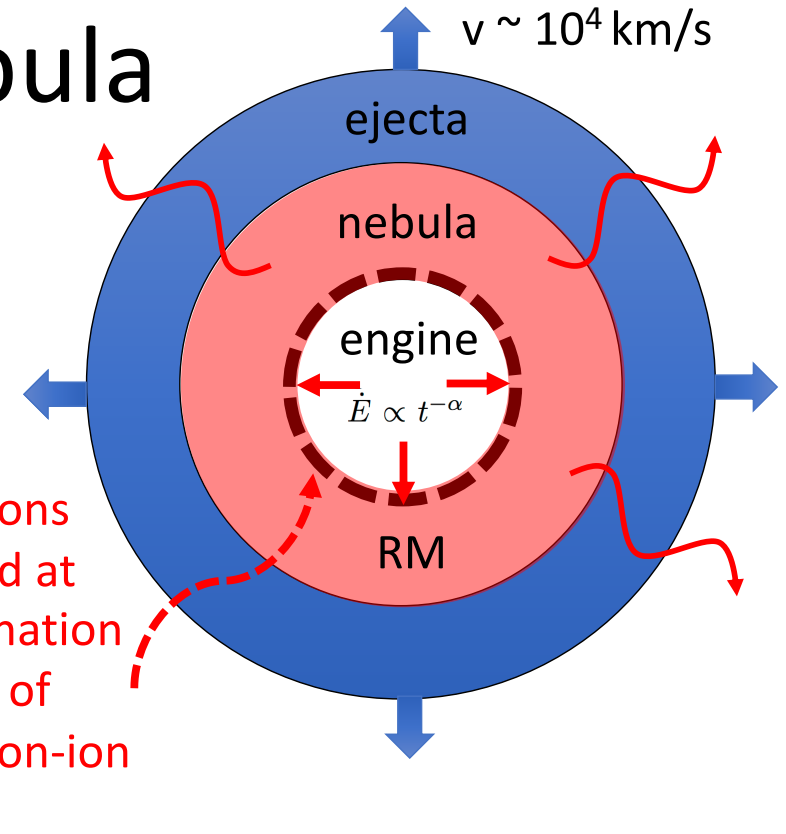
$$\dot{N}_e = (1 + \sigma)^{-1} \chi^{-1} \dot{E}$$

$$\frac{\partial}{\partial t} N_\gamma + \frac{\partial}{\partial \gamma} (\dot{\gamma} N_\gamma) - 3 \frac{\dot{R}_n}{R_n} N_\gamma = \dot{N}_\gamma$$

$$\dot{\gamma}_{\text{adiab}} = -\frac{1}{3} \gamma \beta^2 \frac{d \ln V_n}{dt} = -\gamma \beta^2 \frac{\dot{R}_n}{R_n}$$

$$\dot{\gamma}_{\text{syn,IC}} = -\frac{4}{3} \frac{\sigma_T}{m_e c} \beta^2 \gamma^2 \begin{cases} f_{\text{ssa}}(\gamma) B_n^2 / 8\pi & , \text{syn} \\ L_{\text{rad}} / 4\pi c R_n^2 & , \text{IC} \end{cases}$$

$$\frac{dE_B}{dt} = -\frac{\dot{R}_n}{R_n} E_B + \frac{\sigma}{1 + \sigma} \dot{E}$$



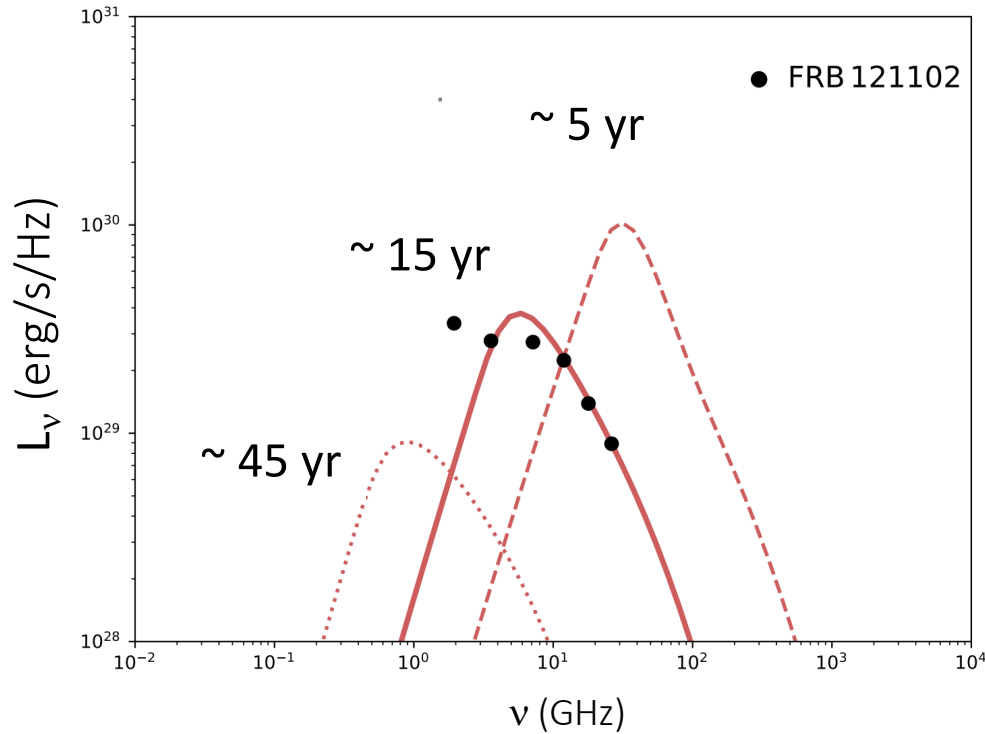
$$L_\nu = 4\pi^2 R_n^2 \frac{j_\nu}{\alpha_\nu} (1 - e^{-\alpha_\nu R_n})$$

$$j_\nu = \int \frac{N_\gamma P_\nu(\gamma)}{4\pi} d\gamma, \quad \alpha_\nu = - \int \frac{\gamma^2 P_\nu(\gamma)}{8\pi m_e \nu^2} \frac{\partial}{\partial \gamma} \left[ \frac{N_\gamma}{\gamma^2} \right] d\gamma$$

$$\text{RM} \approx \frac{e^3}{2\pi m_e^2 c^4} \left( \frac{\lambda}{R_n} \right)^{1/2} R_n B_n \int N_\gamma \frac{1}{\gamma^2} d\gamma$$

# Engine-Powered Nebula

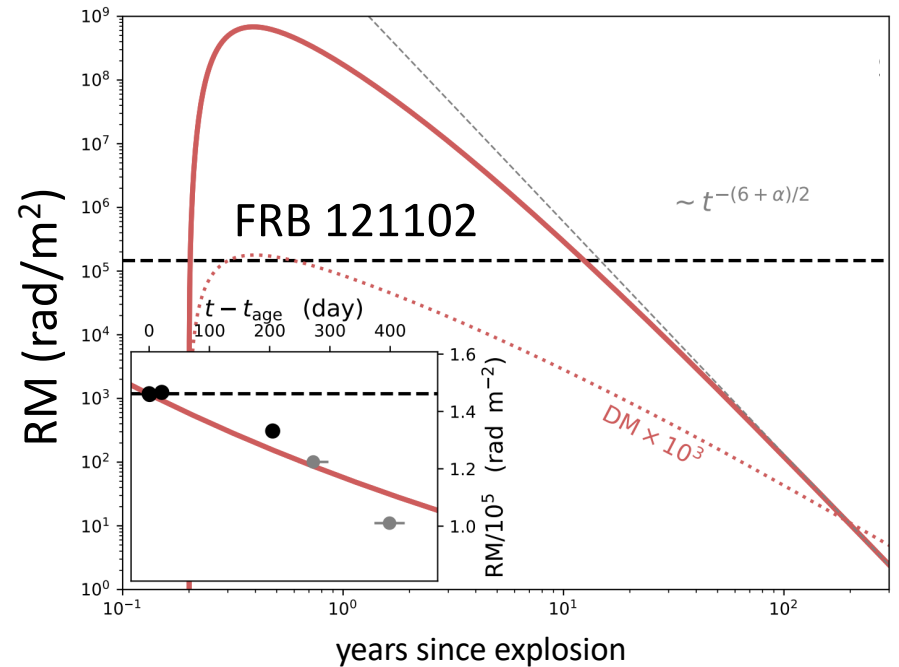
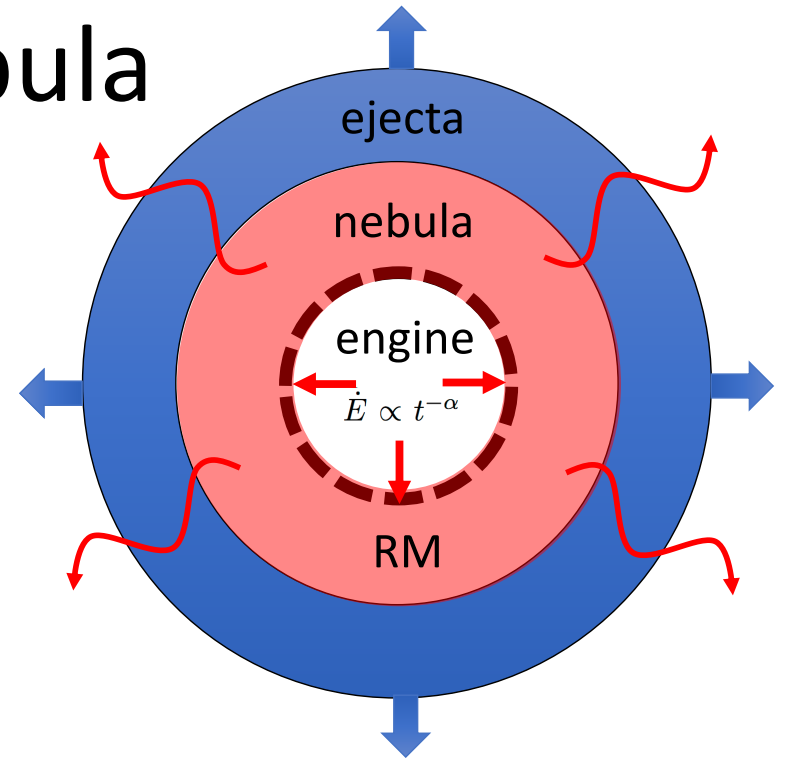
Margalit & BDM 18



=> Source age  $t \sim 10\text{-}100$  yr & total energy  $E \sim 10^{49\text{-}50}$  erg

$$F_\nu \propto t^{-(\alpha^2 + 7\alpha - 2)/4} \sim t^{-1/2} \quad \alpha=0$$

$$|RM|_{\max} \propto t^{-(6+\alpha)/2} \sim t^{-3} \quad \alpha=0$$



# Magnetar Engine?

Energy Reservoir:

$$E_{\text{mag}} \sim 3 \times 10^{49} \text{erg} \left( \frac{B}{10^{16} \text{G}} \right)^2$$

Engine Lifetime:

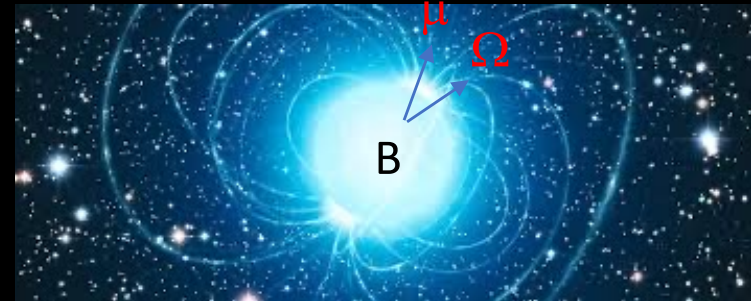
$$t_{\text{mag}} \sim (30 - 1000) \text{yr} \left( \frac{B}{10^{16} \text{G}} \right)^{-1}$$

(e.g. ambipolar diffusion from core)

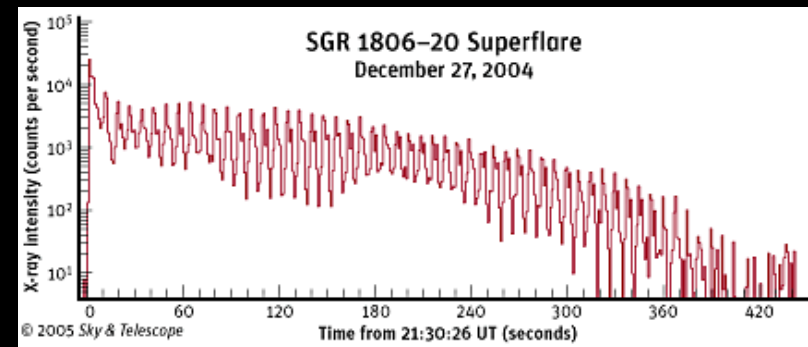
Average Luminosity:

$$\dot{E}_{\text{mag}} = \frac{E_{\text{mag}}}{t_{\text{mag}}} \sim 10^{39} - 10^{41} \text{erg s}^{-1} \left( \frac{B}{10^{16} \text{G}} \right)^3$$

Outflow Composition:  
ions as well as pairs? (e.g. radio  
afterglows of giant flares)



## Giant Flares



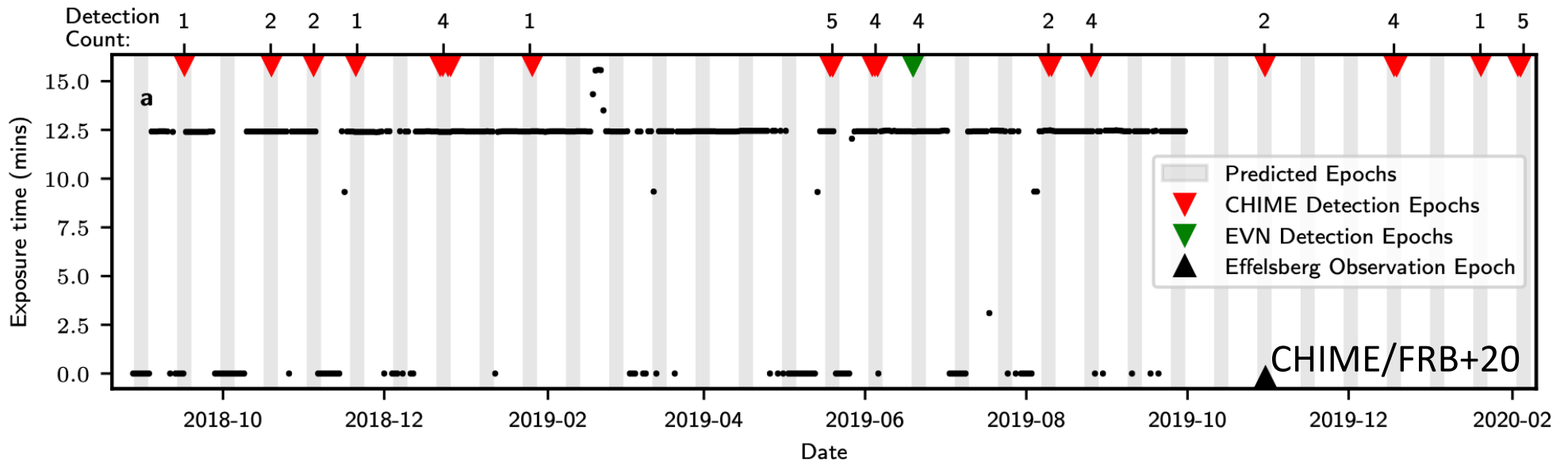
$$E_{\gamma} \sim 10^{44} - 10^{46} \text{erg}$$

$$t_{\gamma} \sim 0.2 \text{s}$$

$$t_{\text{rise}} \sim \text{ms}$$

# Periodicity in FRB 180916 & 121102

Bursts arrive in "windows" every  $\sim 16$  d and  $\sim 160$  d, respectively.



see also Rajwade+20

## Precessing Magnetar?

(e.g. Levin+20, Zanazzi & Lai 20, Yang & Zou 20)

## Very Slowly Rotating Magnetar?

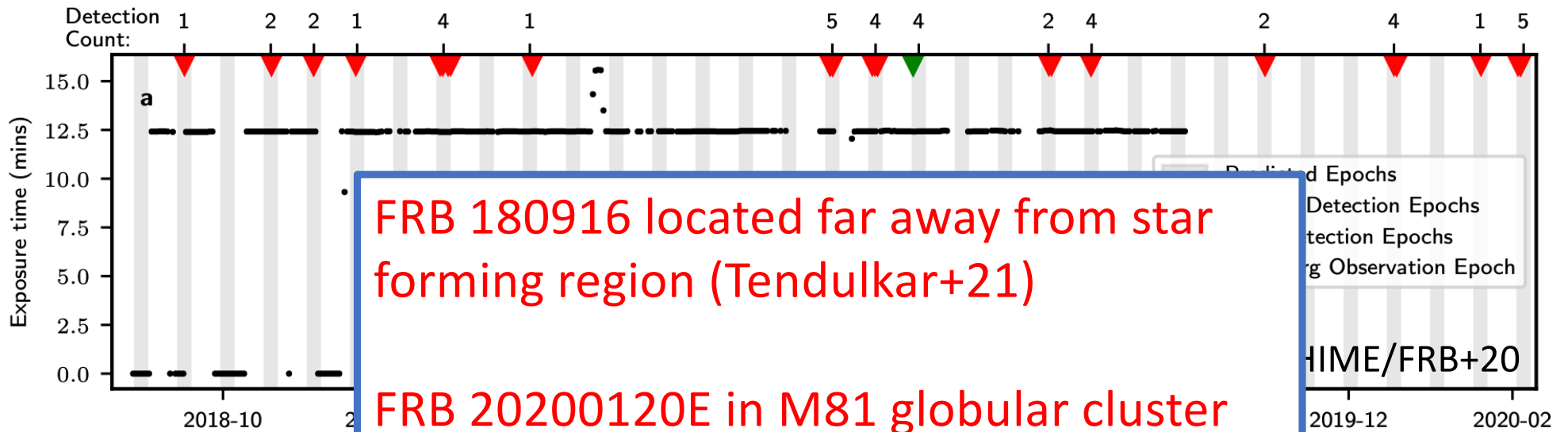
(e.g. Beniamini+20)

## Magnetar in a Binary?

(e.g. CHIME+20, Lyutikov+20)

# Periodicity in FRB 180916 & 121102

Bursts arrive in "windows" every  $\sim 16$  d and  $\sim 160$  d, respectively.



FRB 180916 located far away from star forming region (Tendulkar+21)

FRB 20200120E in M81 globular cluster (Bhardwaj+21, Kirstin+21)

Mechanisms exist to generate magnetars in old stellar populations (AIC, BNS mergers; e.g. Margalit+19), but comparatively rare.

Precessing

(e.g. Levin+20, Zana

Very Slow

(e.g. Beniamini+20)

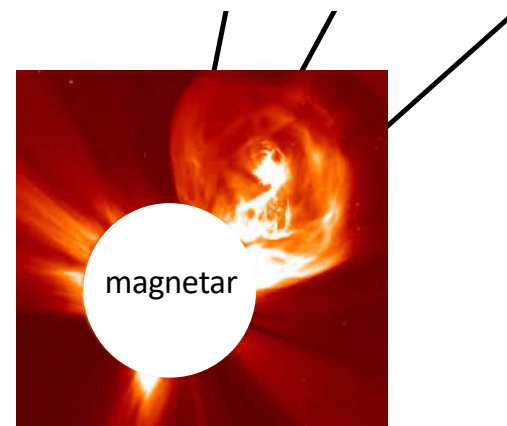
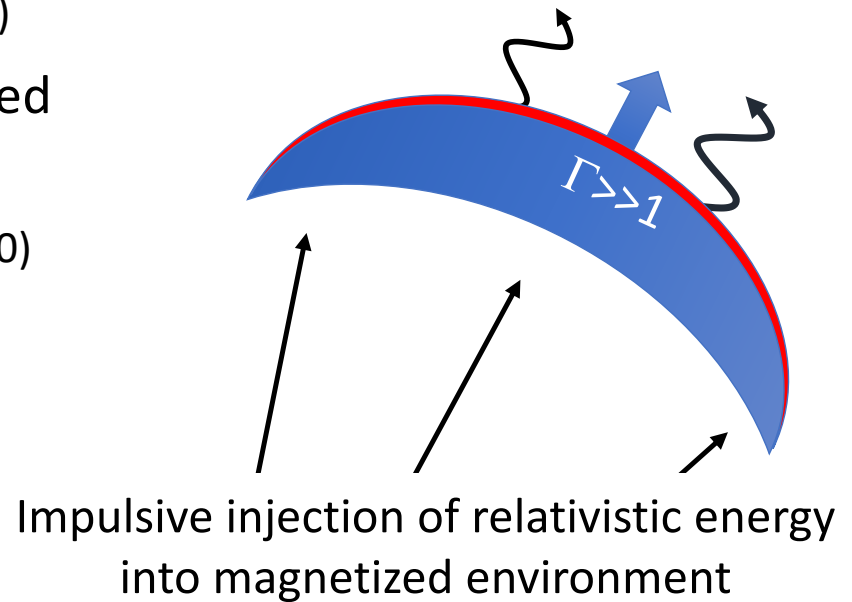
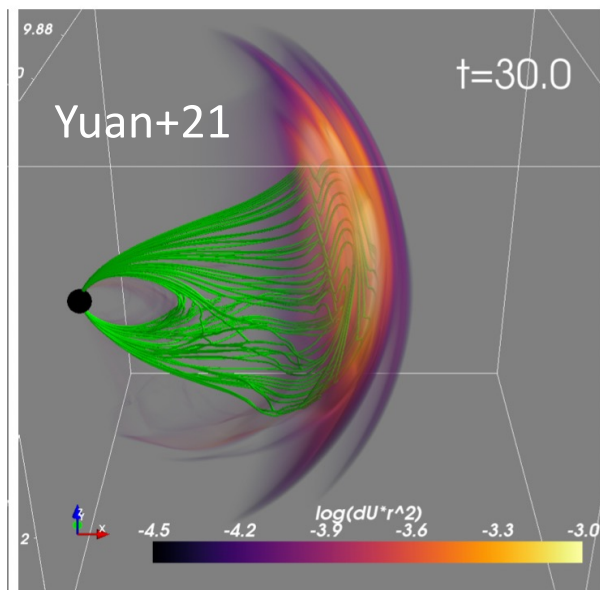
Magnetar in a Binary?

(e.g. CHIME+20, Lyutikov+20)

# FRB Emission Mechanisms

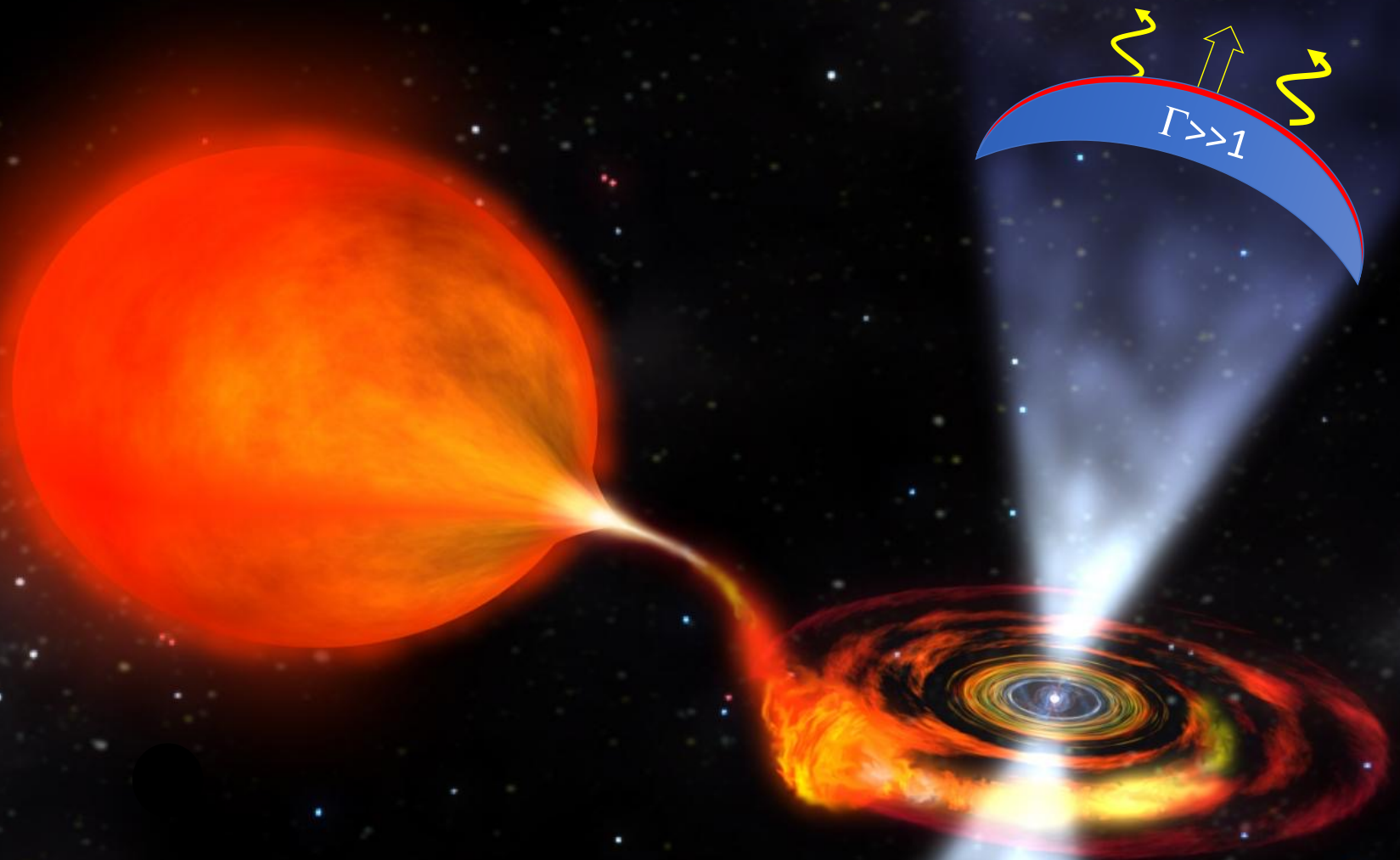


- Synchrotron Maser at Relativistic Shocks (e.g. Lyubarsky 14, Beloborodov 17, 19, BDM+19)
- Forced Magnetic Reconnection in Striped Wind (e.g. Lyubarsky 20, Mahlmann+22)
- Alfvén Wave Decay (e.g. Kumar & Bosnjak 20)
- Free Electron Laser from Magnetic Reconnection (Lyutikov 20)





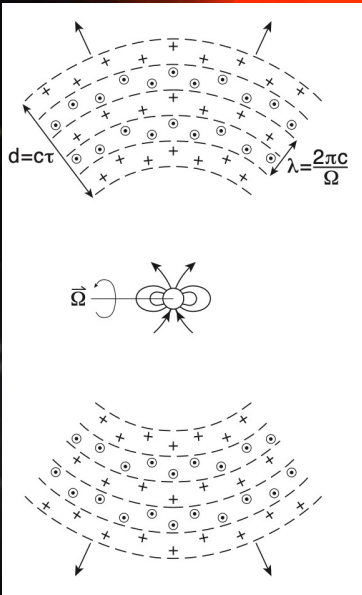
# Can Accreting BH/NS Jets Make FRBs?



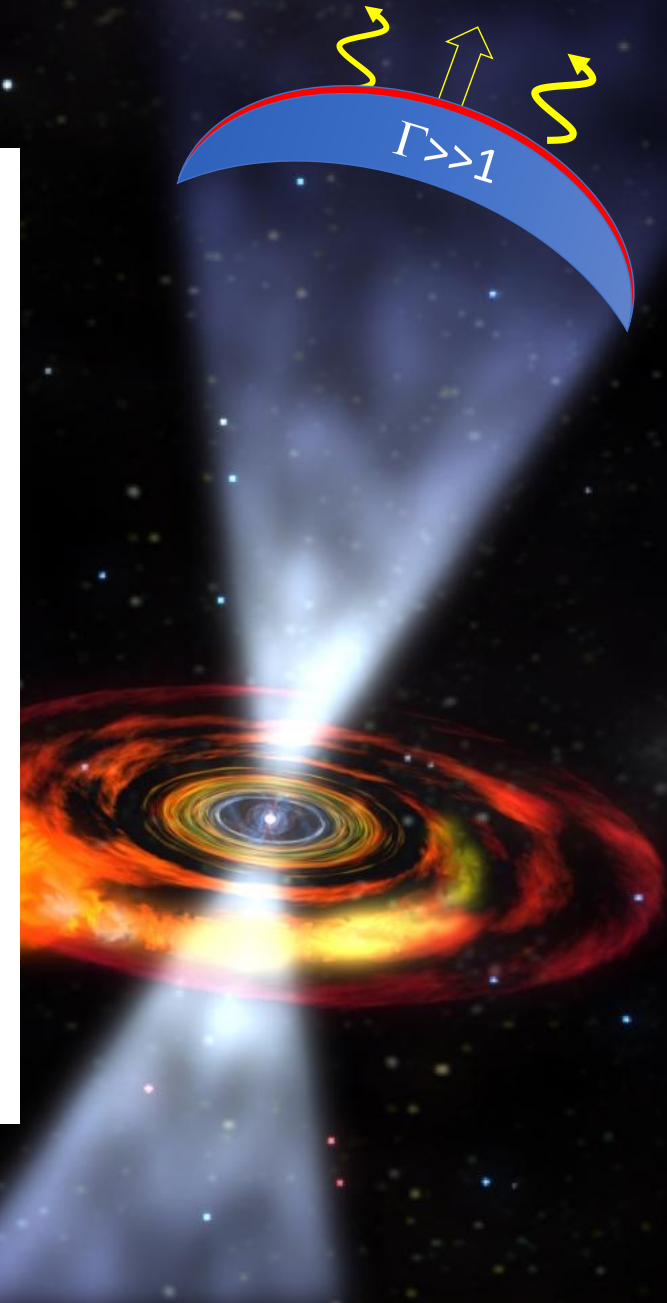
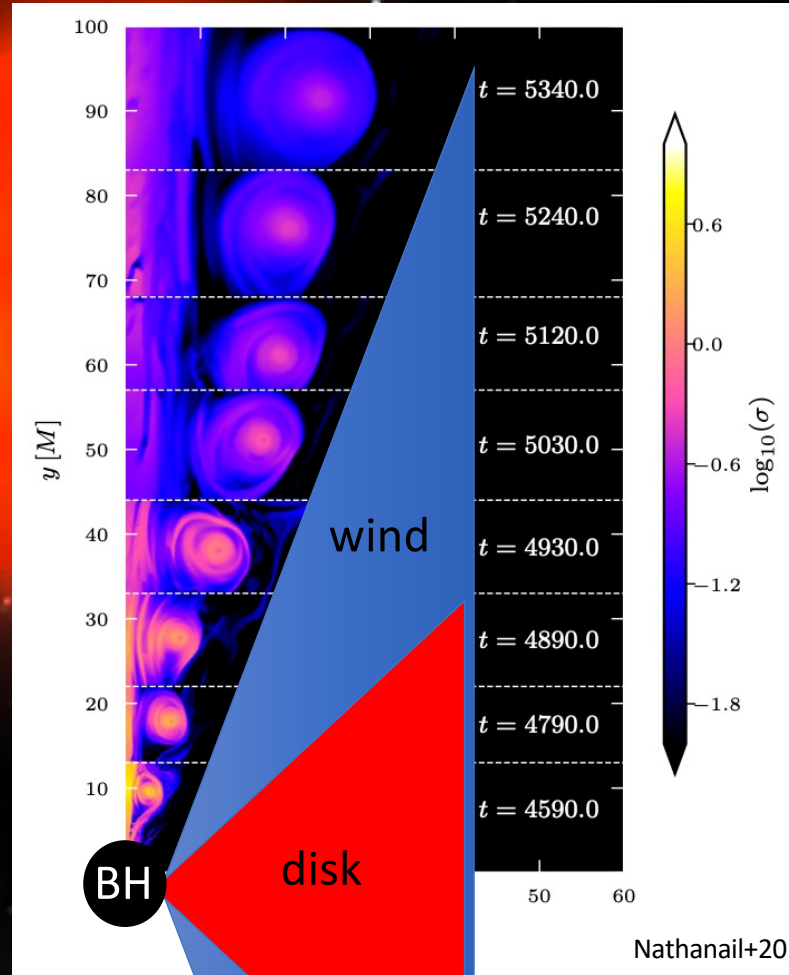
# Can Accreting BH/NS Jets Make FRBs?

## Plasmoid Generation

### Striped Jets



e.g. Spruit+01,  
Parfrey+15



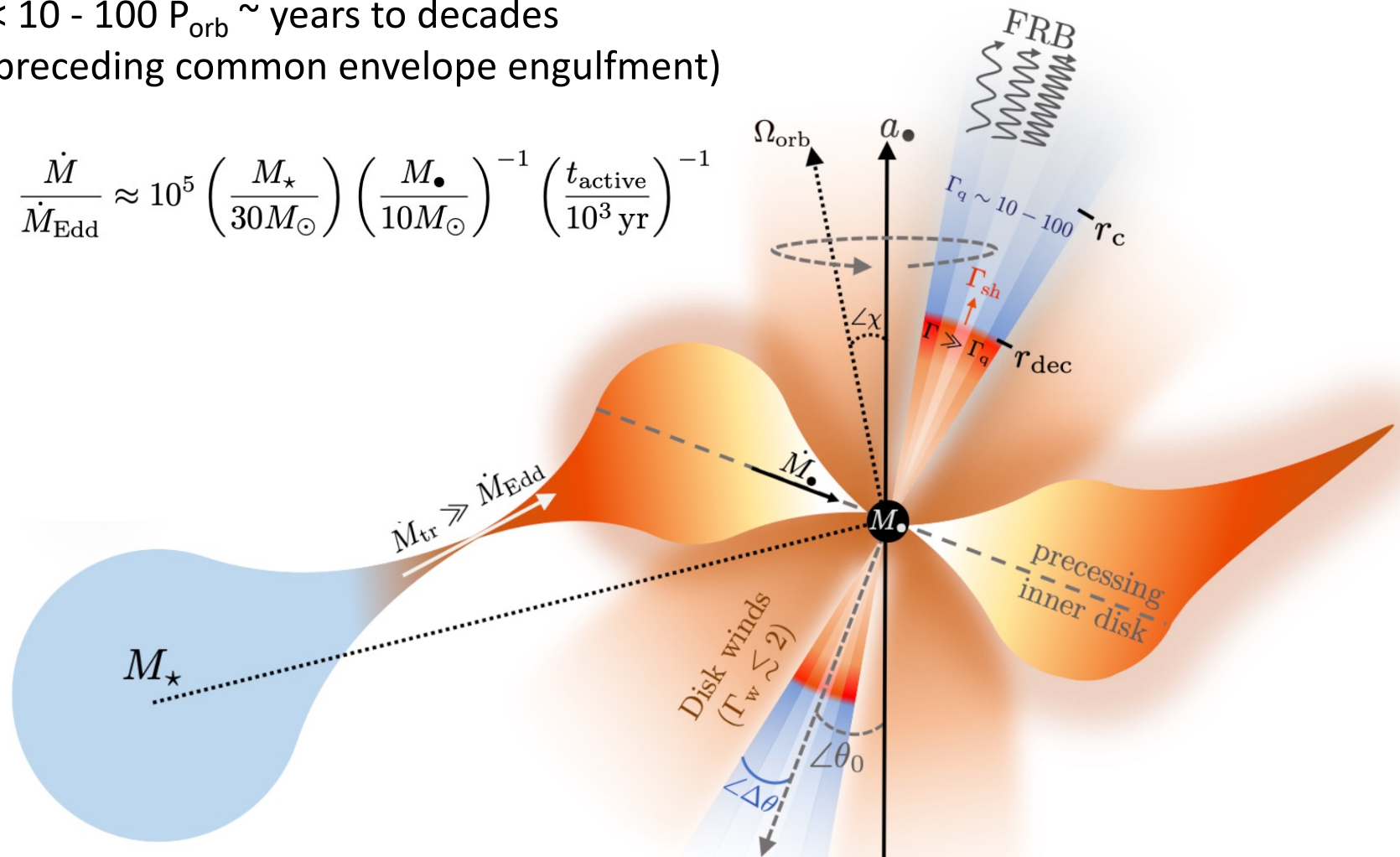
# Periodic Fast Radio Bursts from Luminous X-ray Binaries

NAVIN SRIDHAR <sup>1,2</sup> BRIAN D. METZGER <sup>3,2</sup> PAZ BENIAMINI <sup>4,5</sup> BEN MARGALIT <sup>6,\*</sup> MATHIEU RENZO <sup>2,3</sup>  
 LORENZO SIRONI <sup>1,2</sup> AND KONSTANTINOS KOVLAKAS <sup>7,8,9</sup>

$t_{\text{active}} \sim 10^3 - 10^6 \text{ yr}$   
 (stable thermal mass-transfer)

$t_{\text{active}} < 10 - 100 P_{\text{orb}} \sim \text{years to decades}$   
 (preceding common envelope engulfment)

$$\dot{M} \approx \frac{M_{\star}}{t_{\text{active}}}; \quad \frac{\dot{M}}{\dot{M}_{\text{Edd}}} \approx 10^5 \left( \frac{M_{\star}}{30M_{\odot}} \right) \left( \frac{M_{\bullet}}{10M_{\odot}} \right)^{-1} \left( \frac{t_{\text{active}}}{10^3 \text{ yr}} \right)^{-1}$$



Max FRB luminosity set by max jet power

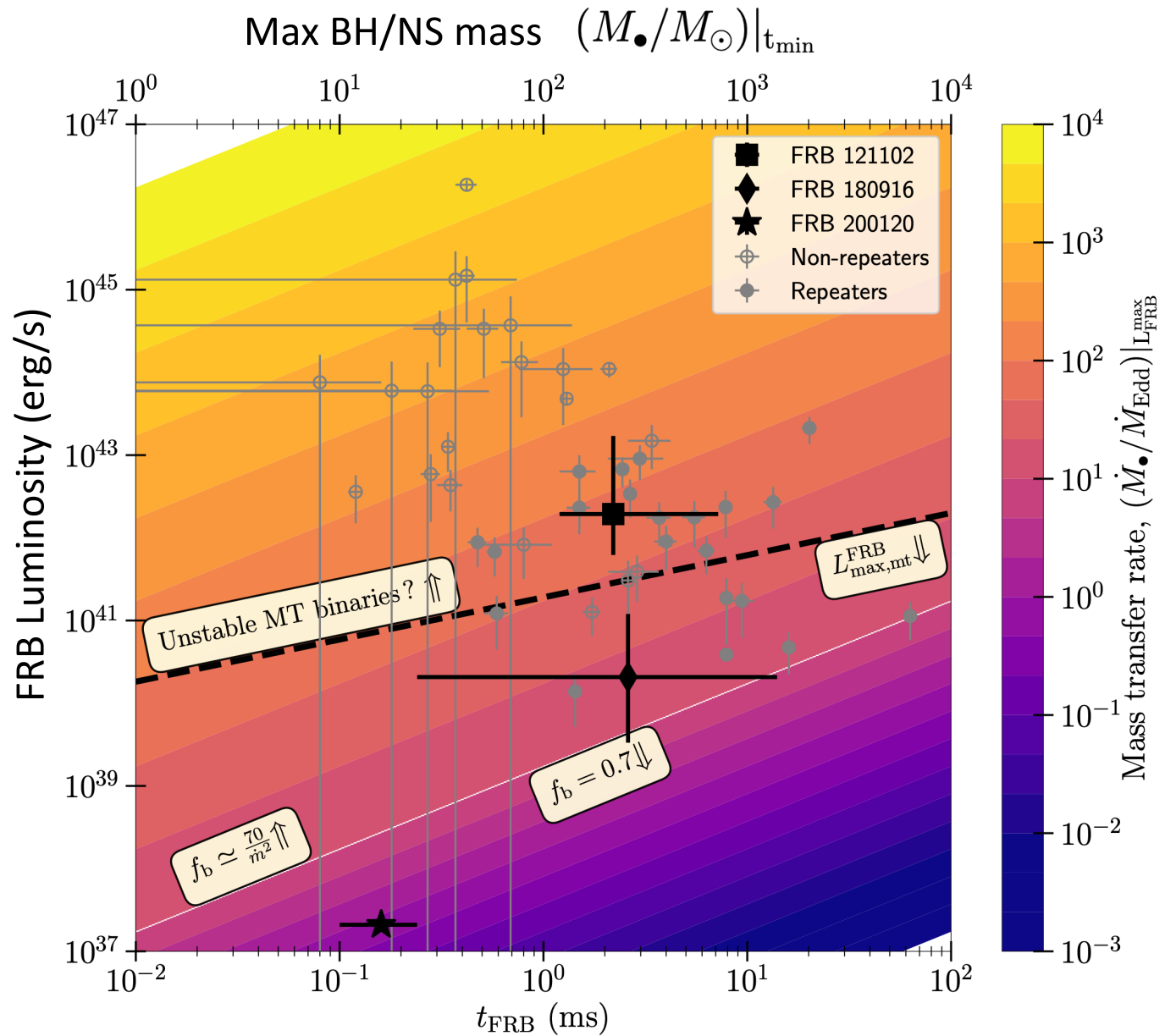
$$L_{\text{FRB}}^{\text{max}} \approx f_{\xi} f_b^{-1} \eta_{\text{max}} \dot{M}_{\bullet} c^2$$

where  $\eta_{\text{max}} \sim 1$  (MAD)  
 $f_{\xi} \sim 10^{-3}$  (e.g. sync. maser)

beaming set by accretion funnel

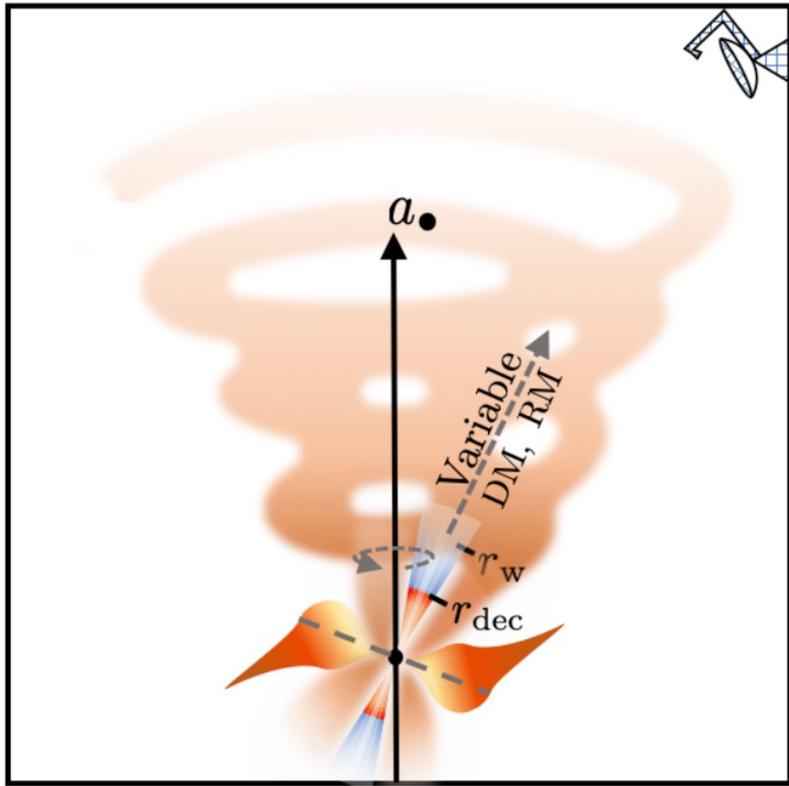
$$f_{b,X} \approx \frac{73}{\dot{m}^2}$$

(King 09)

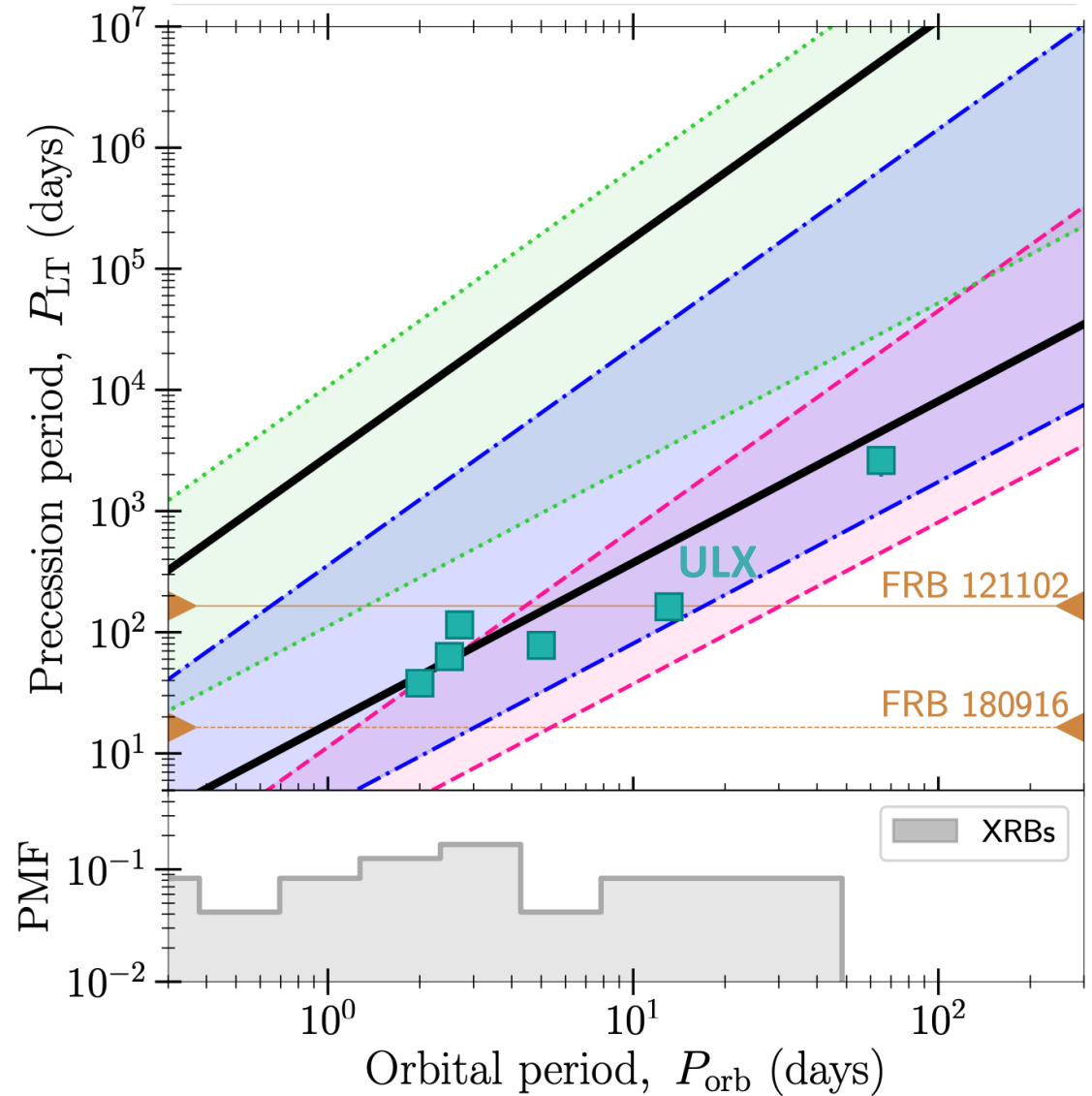


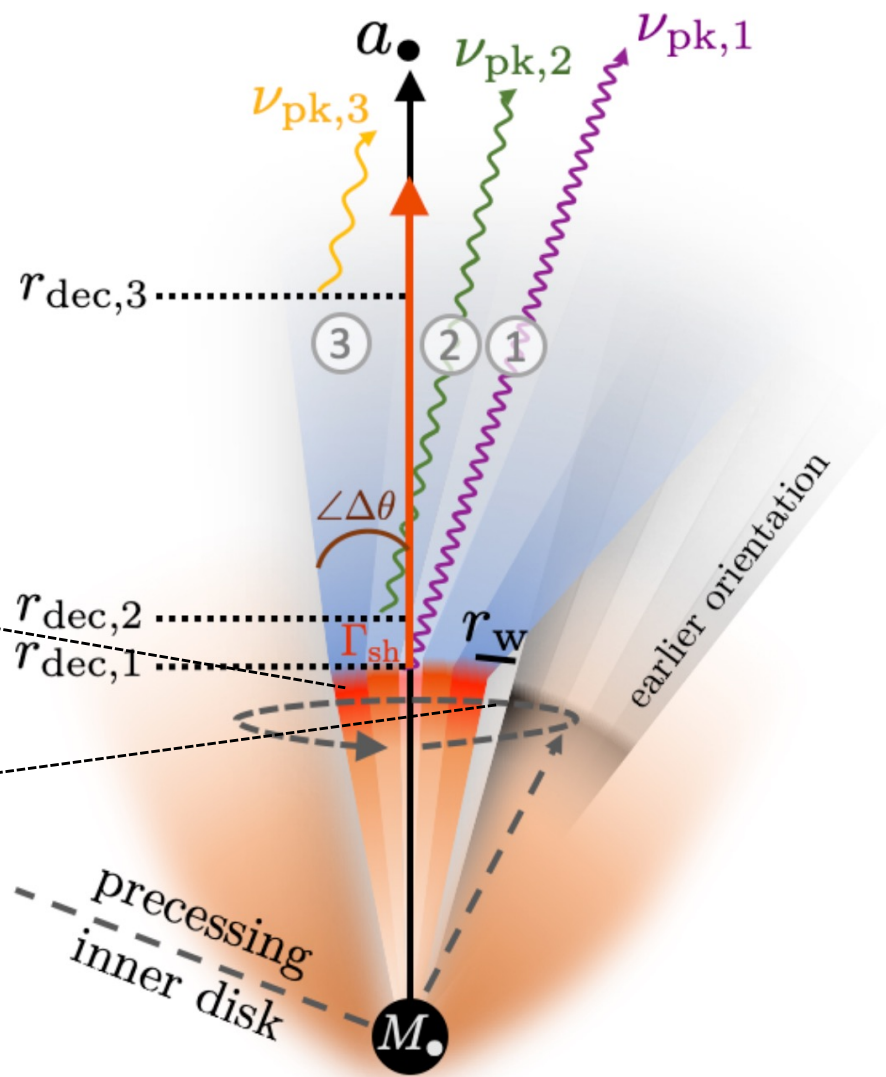
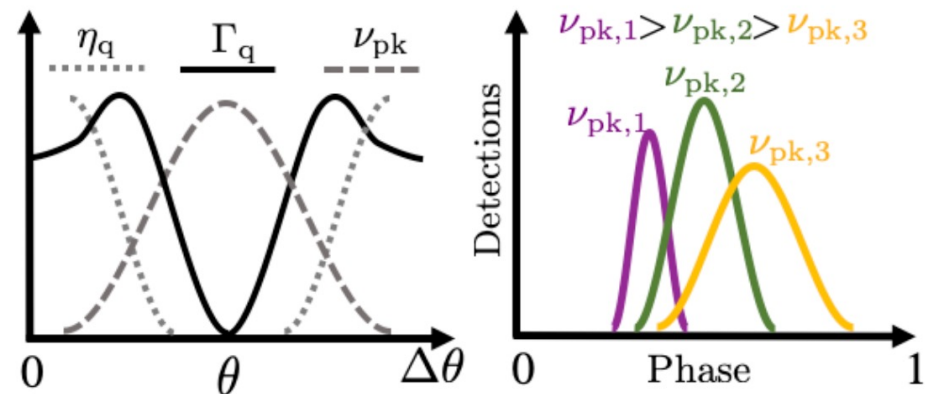
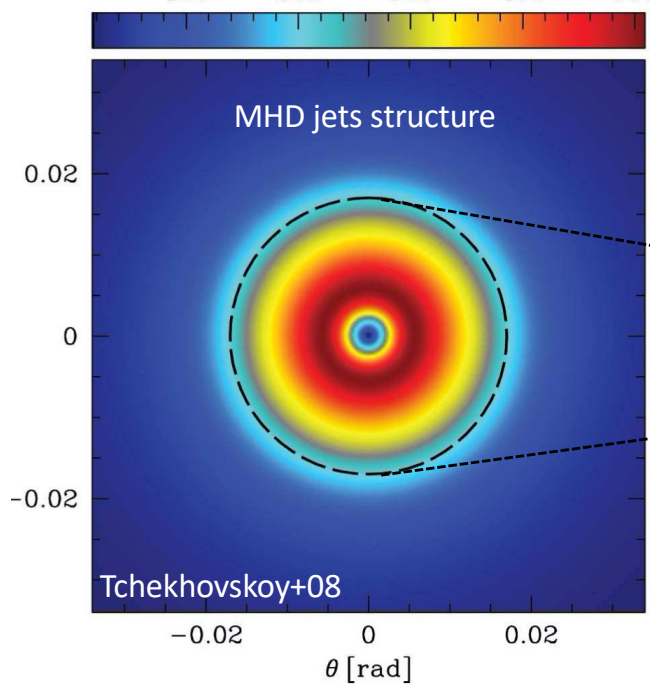
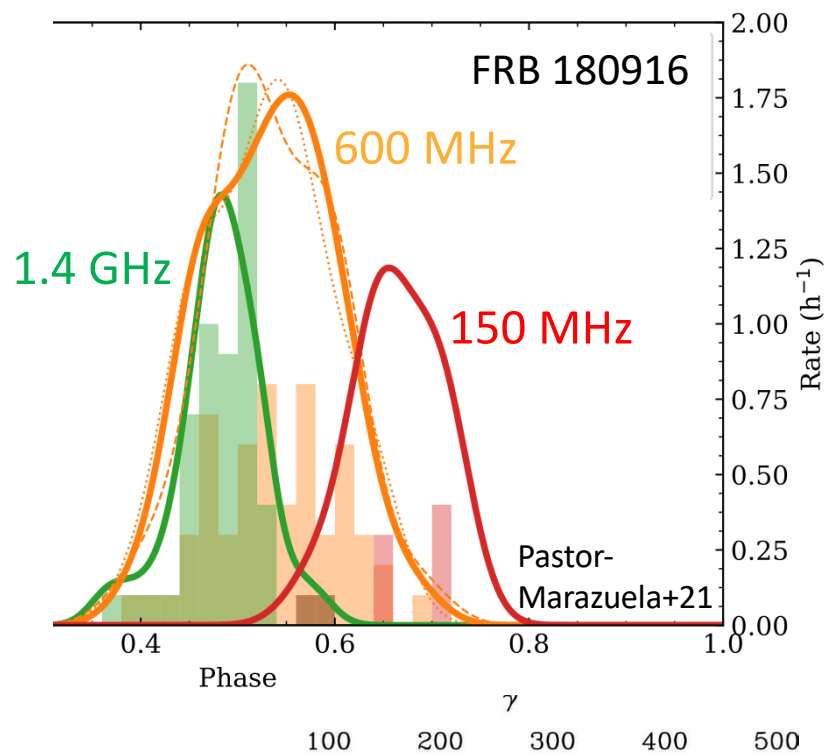
Matching durations & luminosities of most powerful FRBs requires **super-Eddington** accretion onto BHs or NSs => **ULX-like binaries**

# Periodicity from Lens-Thirring Precession



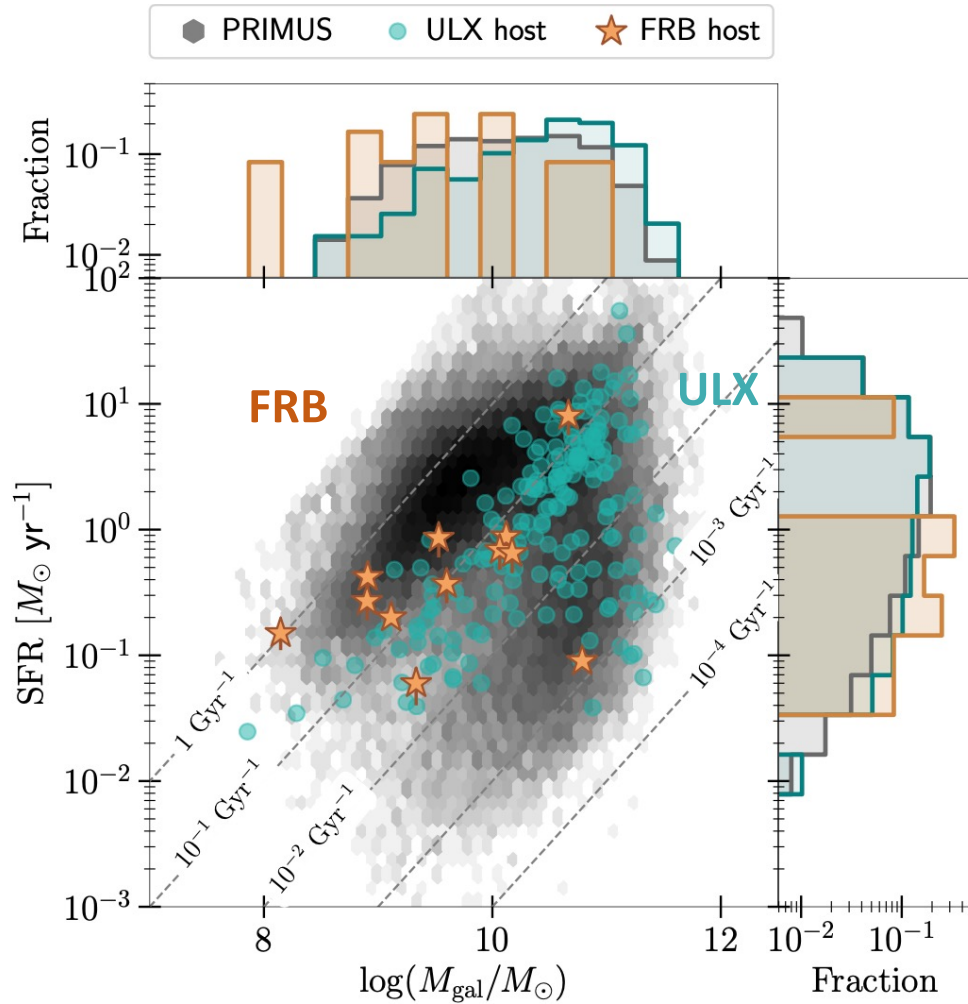
Phase-dependent local RM/DM  
from precessing disk winds?  
(related: Katz 17; Ioka & Zhang 20)



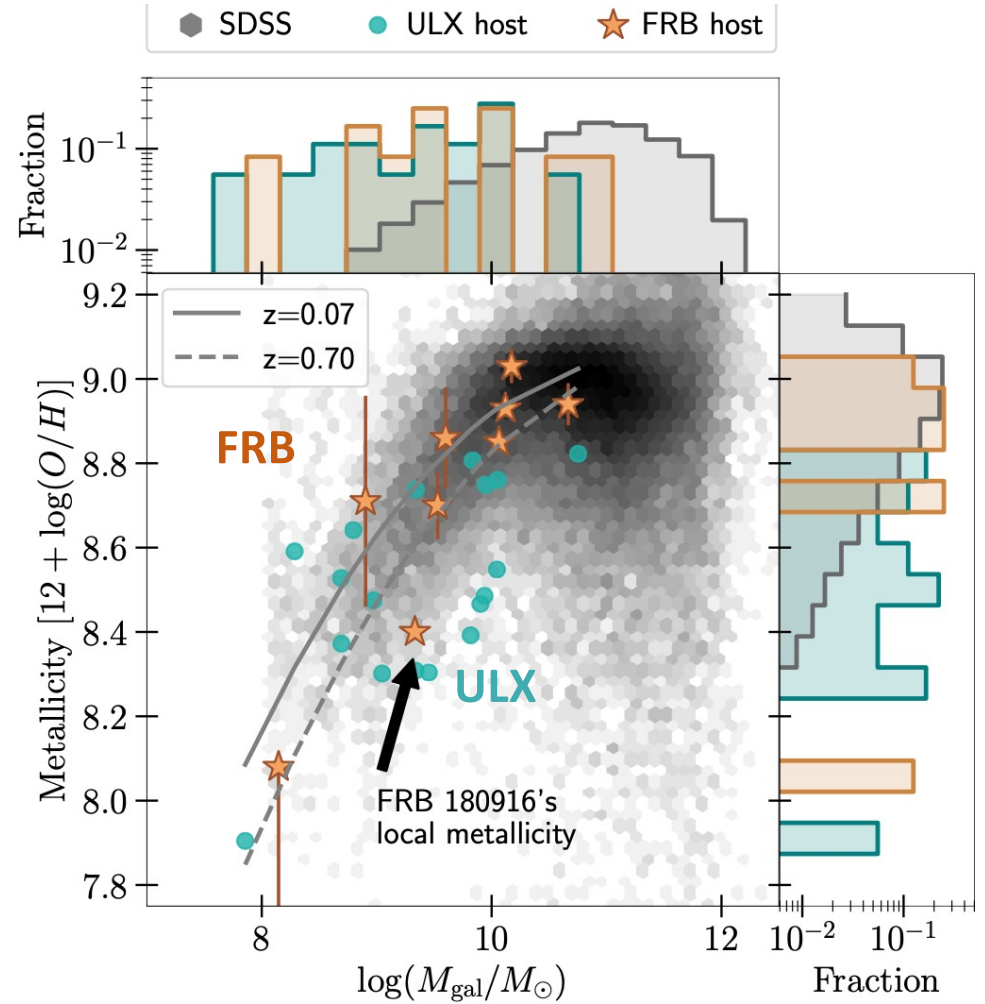


# Host Galaxies of FRB vs. ULX

## Star Formation Rate

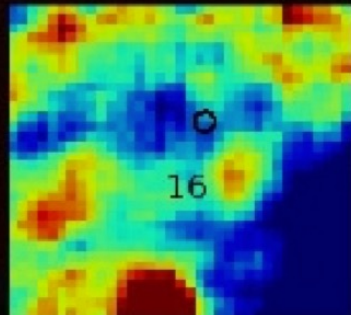
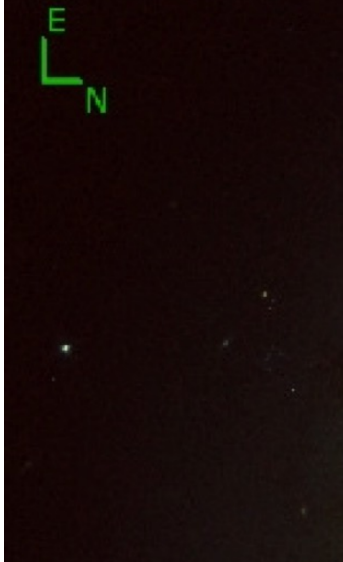
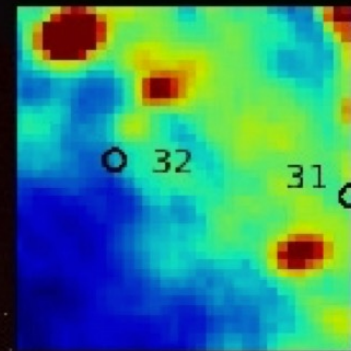
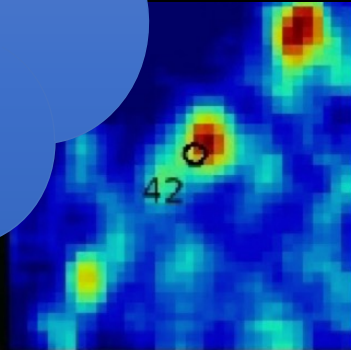
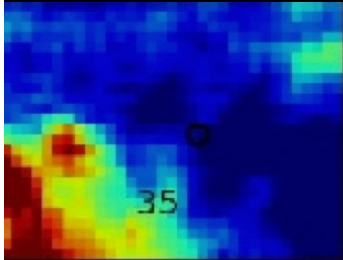
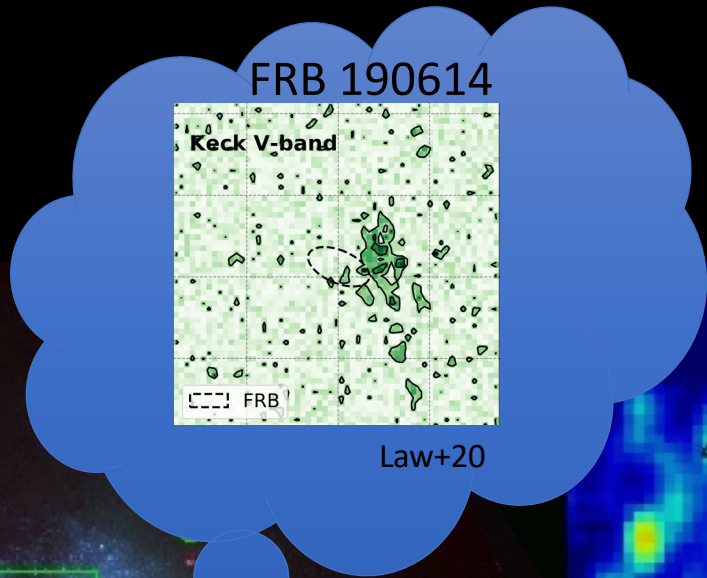


## Metallicity

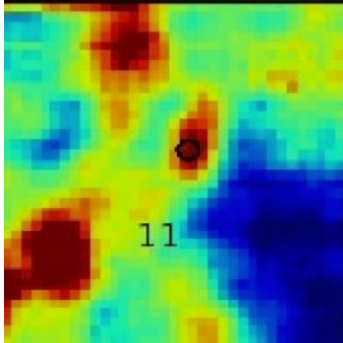


# ULX in the Antennae

correlated with star clusters  
but outside them.  
(broadly consistent with FRB  
environments; Mannings+21)



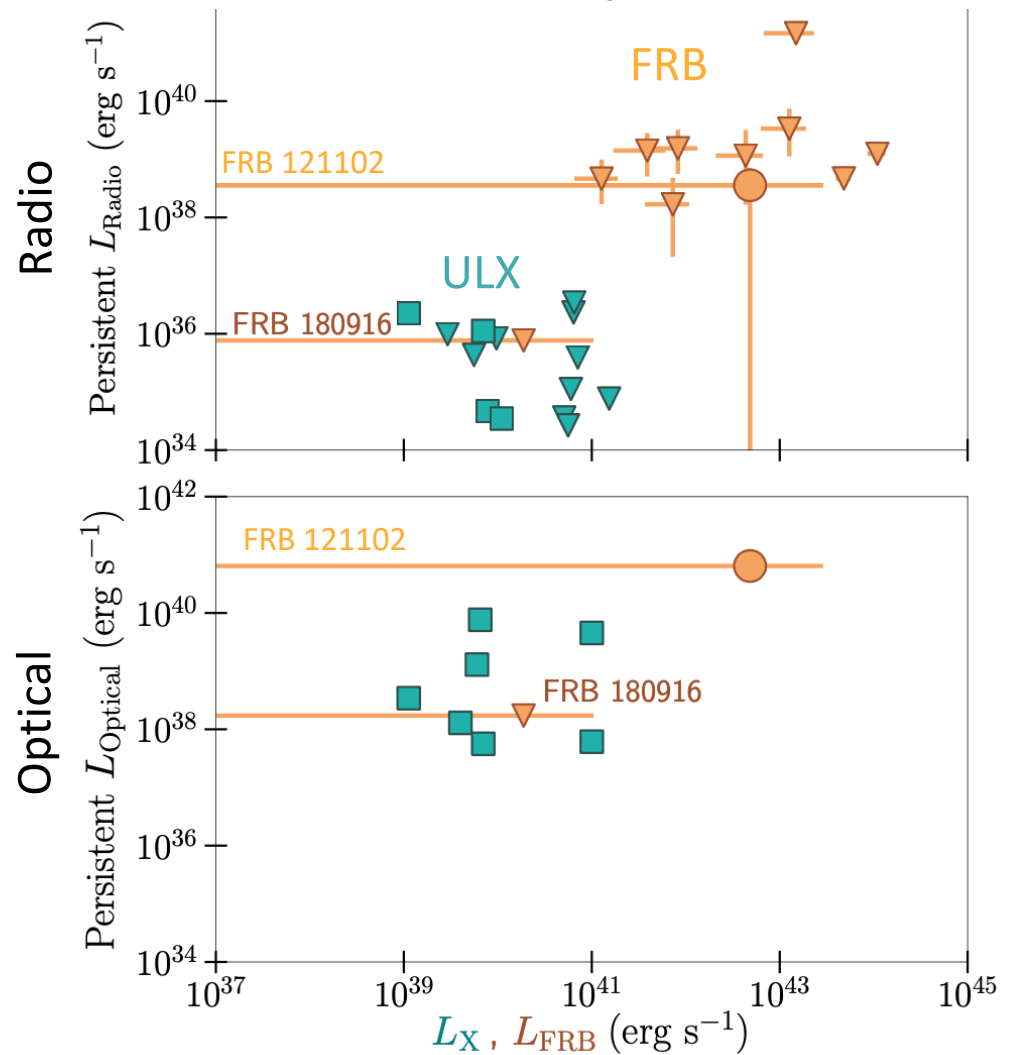
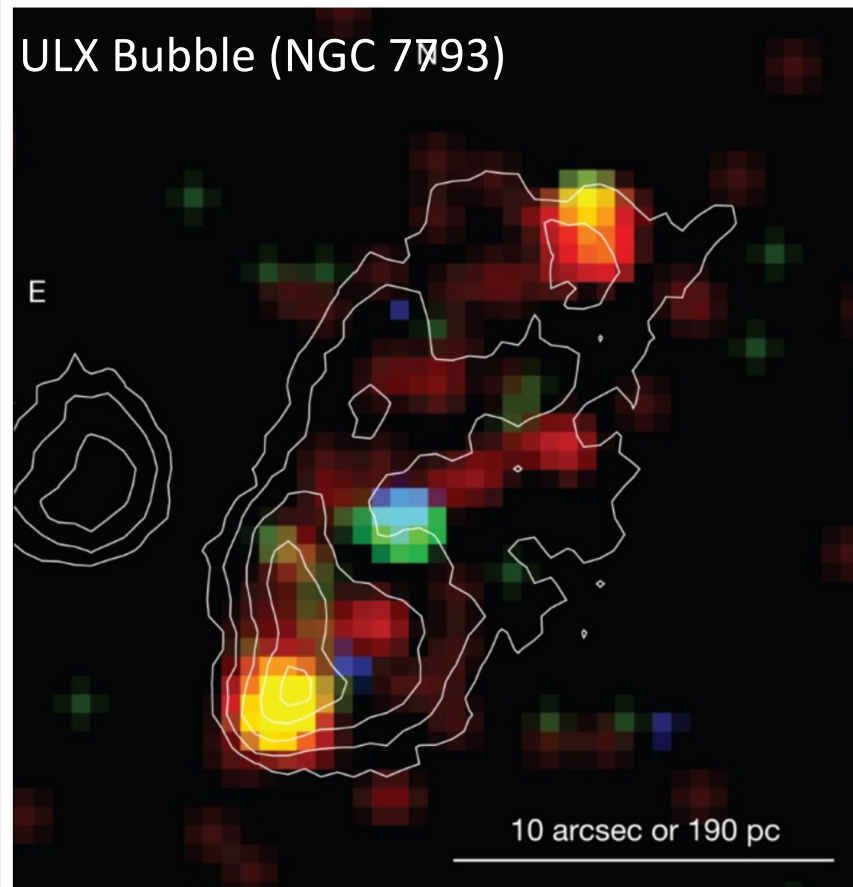
Poutanen+13





# ULX Bubbles as Persistent Counterparts

Figure 1: Optical/X-ray image of the 300-pc-diameter jet-inflated bubble S26 in the galaxy NGC 7793.

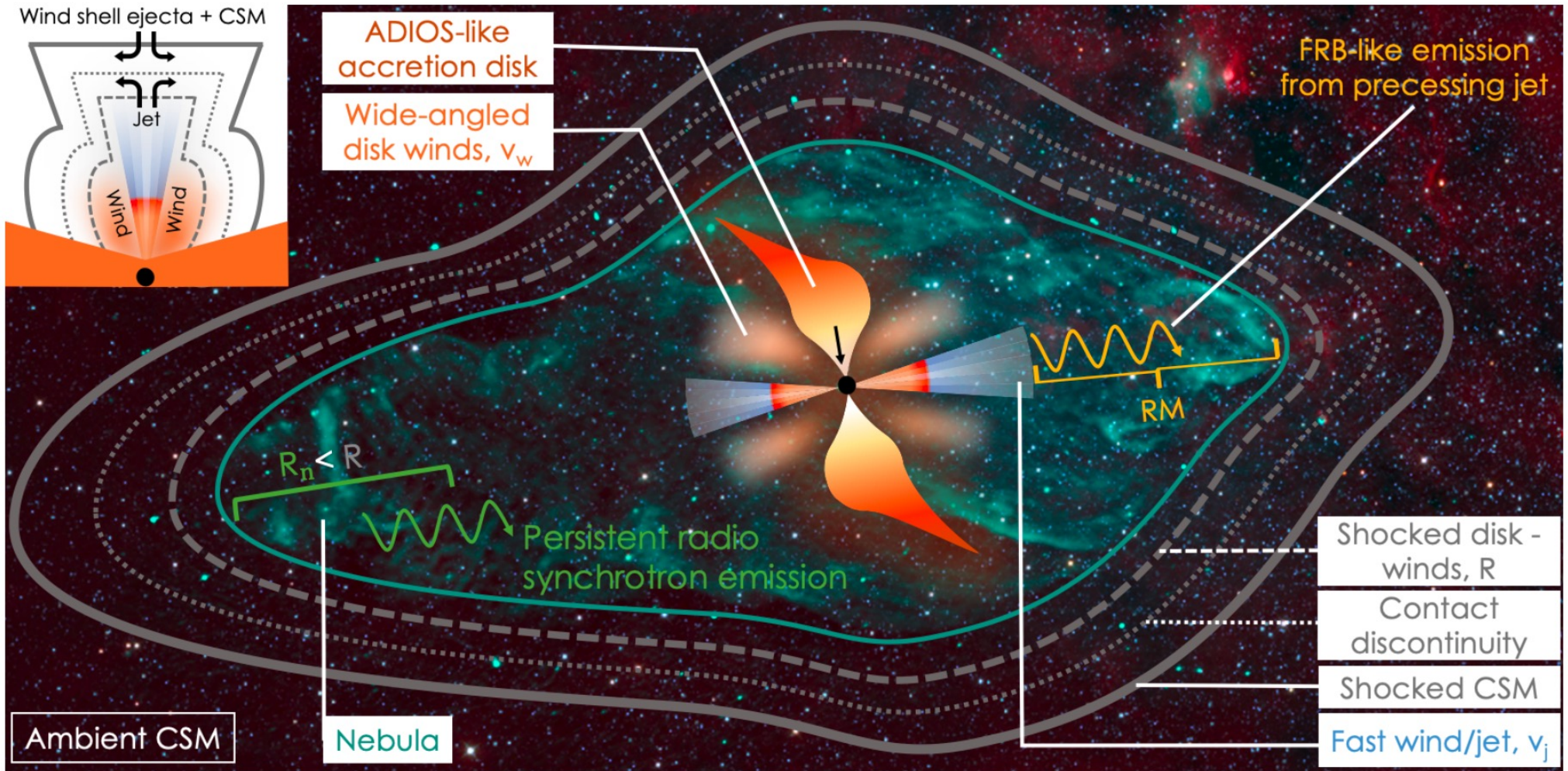


Most known ULX bubbles would not be detectable at the distances of most FRB

However, local XRB/ULX are not the best analogs to powerful cosmological FRB (which require even higher super-Eddington accretion rates and young source ages)

# Radio Nebulae from Hyper-Accreting X-ray Binaries as Common Envelope Precursors and Persistent Counterparts of Fast Radio Bursts

NAVIN SRIDHAR <sup>id</sup>1,2 AND BRIAN D. METZGER <sup>id</sup>3,2,4



wind-driven bubble evolution (Weaver+77)

$$R(t) \simeq \begin{cases} v_w t \approx 0.7 \text{ pc} \left( \frac{t}{70 \text{ yr}} \right) & (t < t_{\text{free}}) \\ \alpha \left( \frac{L_w t^3}{\rho_{\text{CSM}}} \right)^{1/5} \approx 0.8 \text{ pc} \left( \frac{L_w, 42}{n_1} \right)^{1/5} \left( \frac{t}{70 \text{ yr}} \right)^{3/5} & (t > t_{\text{free}}), \end{cases}$$

Relativistic electrons injected at termination shock of fast  $v_j \sim 0.1-0.3 c$  wind/jet and evolve under expansion/cooling

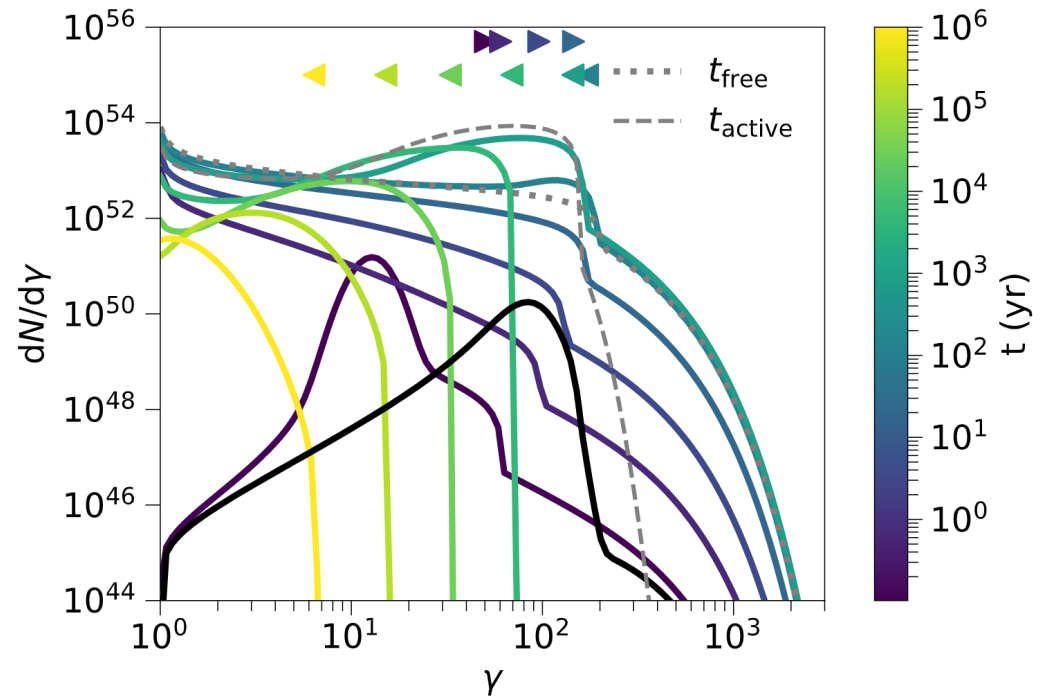
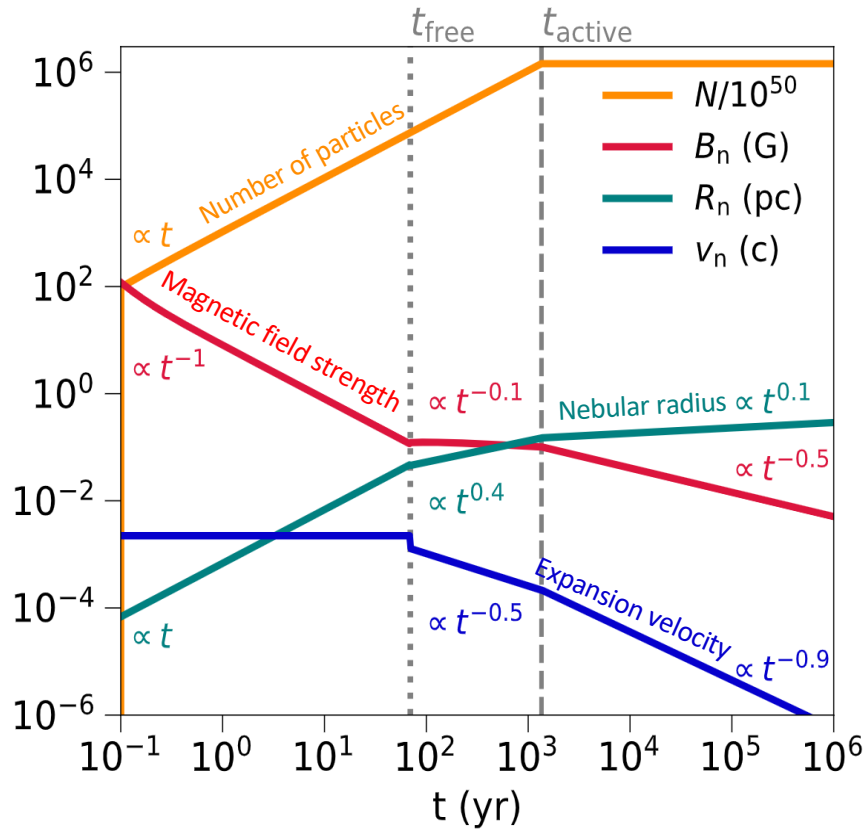
# Evolution of Particles in Nebula

$$\frac{dE_B}{dt} = \frac{\sigma_j}{1 + \sigma_j} L_j - \frac{\dot{R}_n}{R_n} E_B$$

$$\bar{\gamma}_e \simeq \frac{1}{2} \epsilon_e \frac{m_p}{m_e} \frac{v_j^2}{c^2} \approx 115 \left( \frac{\epsilon_e}{0.5} \right) \left( \frac{v_j}{0.5c} \right)^2$$

$$\dot{N}_\gamma = \frac{\partial}{\partial t} N_\gamma + \frac{\partial}{\partial \gamma} (\dot{\gamma} N_\gamma) - 3 \frac{\dot{R}_n}{R_n} N_\gamma$$

$$\dot{\gamma} = \dot{\gamma}_{\text{ad}} + \dot{\gamma}_{\text{brem}} + \dot{\gamma}_{\text{IC}} + \dot{\gamma}_{\text{syn}}$$

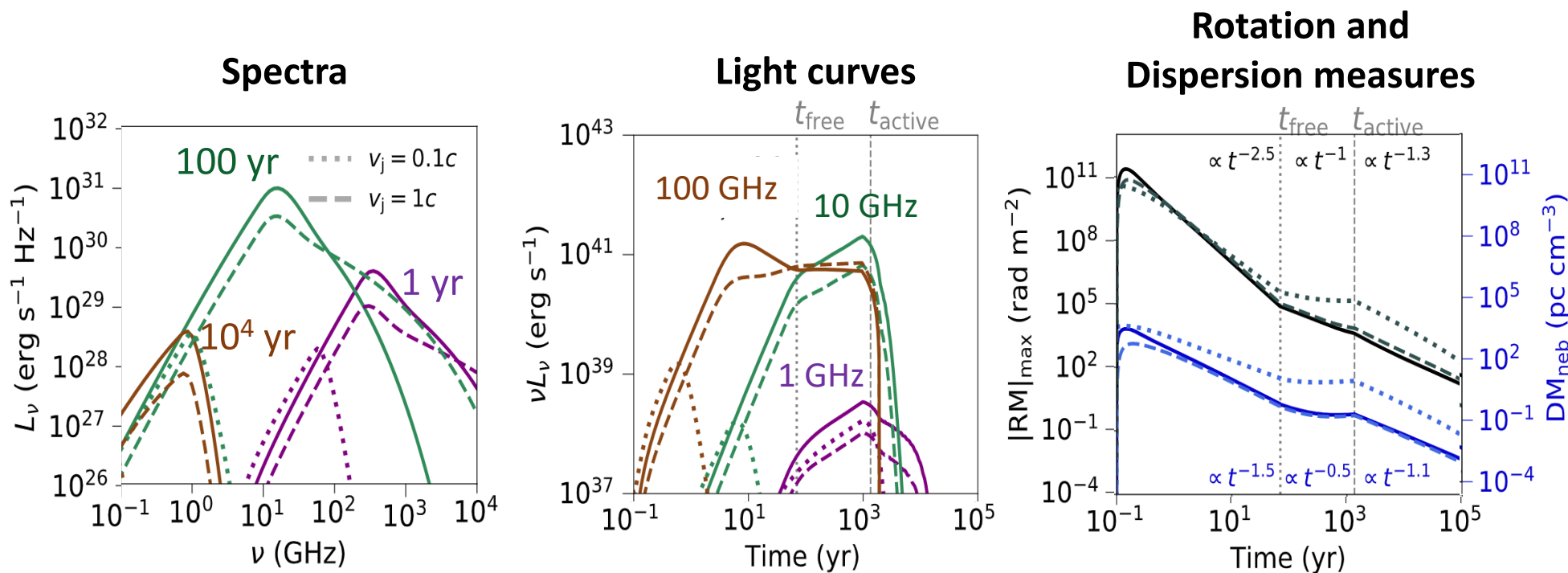


# Observables from Expanding Hyper-Nebula

$$L_\nu = 4\pi^2 R_n^2 \frac{j_\nu}{\alpha_\nu} (1 - e^{-\alpha_\nu R_n}) \quad j_\nu = \int \frac{N_\gamma P_\nu(\gamma)}{4\pi} d\gamma, \quad \alpha_\nu = - \int \frac{\gamma^2 P_\nu(\gamma)}{8\pi m_e \nu^2} \frac{\partial}{\partial \gamma} \left[ \frac{N_\gamma}{\gamma^2} \right] d\gamma$$

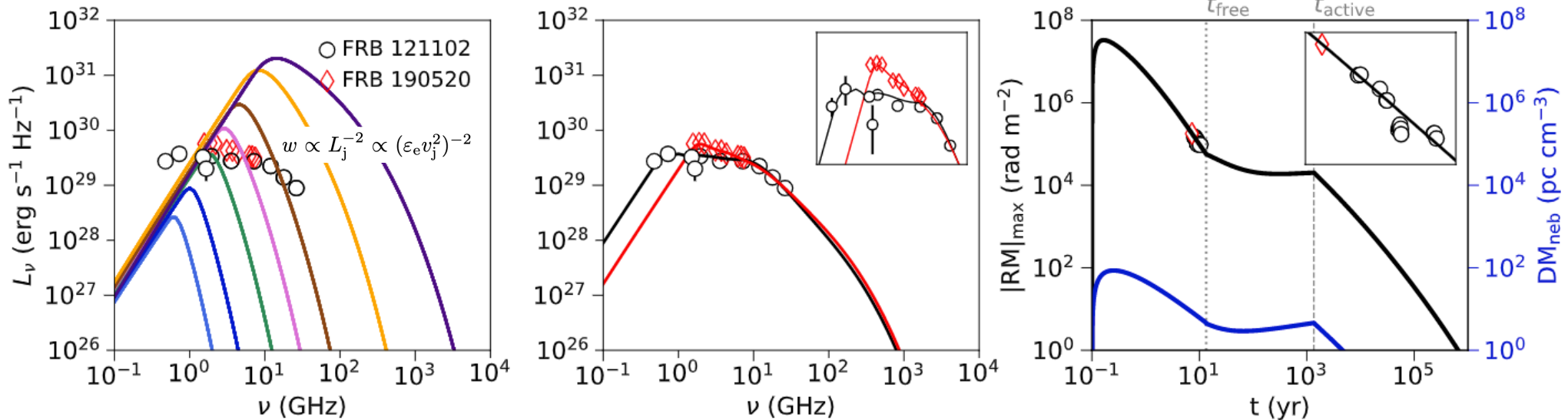
$$|\text{RM}| \simeq \frac{e^3}{2\pi m_e^2 c^4} \left( \frac{\lambda}{R_n} \right)^{1/2} B_n R_n \int \frac{N_\gamma}{\gamma^2} d\gamma \quad \text{DM}_{\text{neb}} \simeq R_n \int \frac{N_\gamma}{\gamma} d\gamma$$

$M_* = 30 M_\odot$ ;  $\dot{M} = 10^5 \dot{M}_{\text{Edd}}$ ;  $M_{\text{neb}} = 10 M_\odot$ ;  $n = 10/\text{cm}^{-3}$ ;  $v_w = 0.03c$ ;  $v_j = 0.5c$ ;  $\sigma_j = 0.1$ ;  $\eta = 0.1$ ;  $\epsilon_e = 0.5$



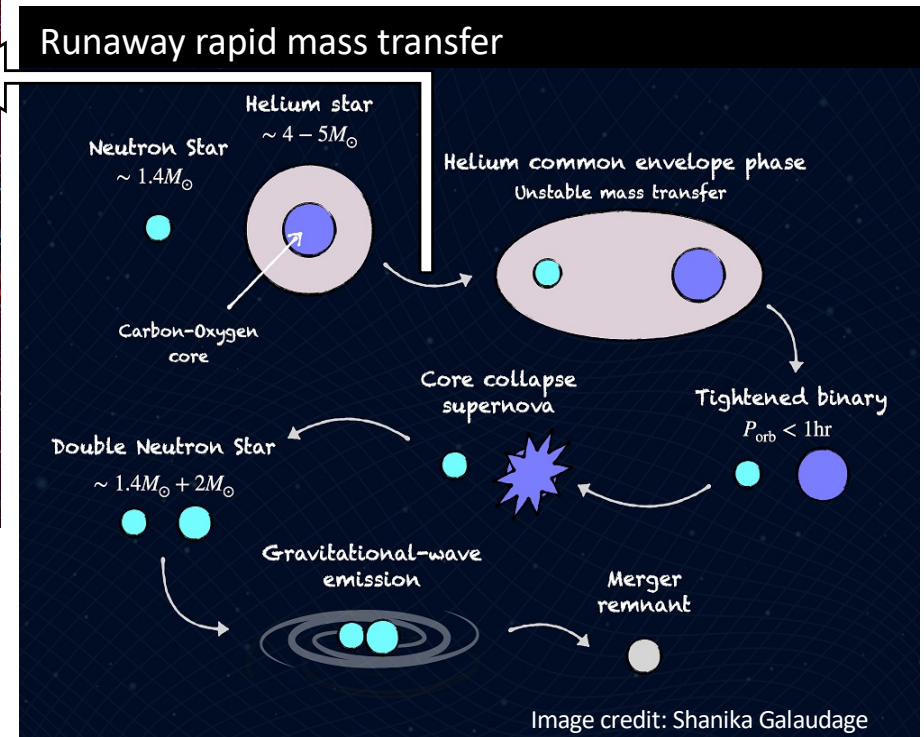
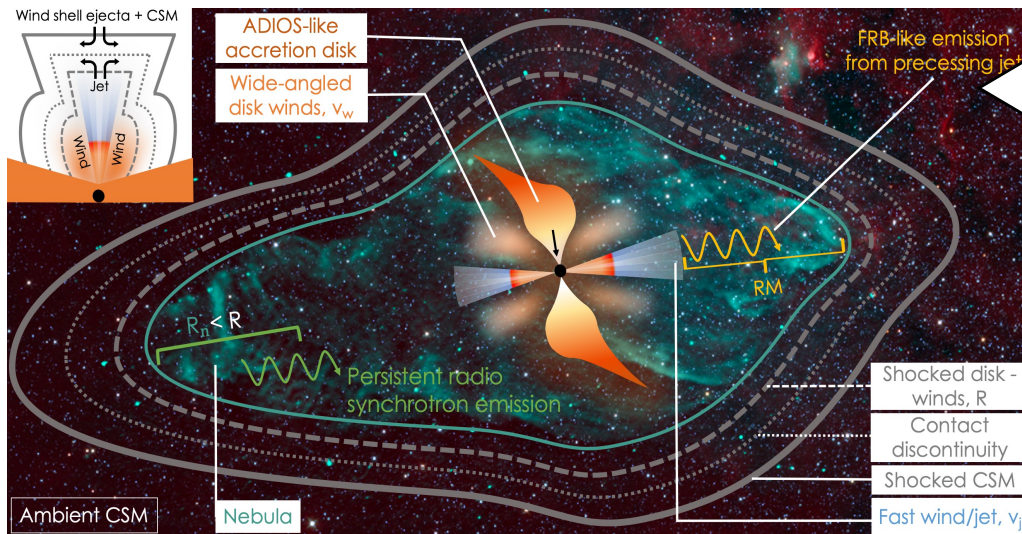
# Application to FRB121102 persistent radio source

$M_* = 30M_\odot$ ;  $\dot{M} = 10^5 \dot{M}_{\text{Edd}}$ ;  $M. = 10M_\odot$ ;  $n = 10/\text{cm}^{-3}$ ;  $v_w = 0.1c$ ;  $\sigma_j = 0.1$ ;  $t = 10 \text{ yr}$



- Observed PRS radio spectra are flatter and broader than those predicted by the idealized 'one-zone' model with single injected electron luminosity / temperature.
- Generalizing to allow for a modest spread in the jet luminosity / shock velocity enables a good fit.
- We constrain the source age of  $\sim 10 \text{ yr}$  for FRB 121102, similar to magnetar scenarios. .

# Take-away applications of hyper-nebulae



- Accreting engines can potentially explain the properties of FRBs and their associated persistent radio sources.
- They presage energetic transients from *common envelope* mergers (e.g. Luminous Red Novae, FBOTs), and can act as signposts to future LIGO merger events.
- **Hyper-nebulae are plentiful in our Universe, even lurking in our samples (e.g., VLASS)... they are just waiting to be discovered.**

# Summary

- The luminous persistent radio sources and high time-variable RM of repeating FRBs point to engines embedded in self-powered electron-ion nebulae.
- The engine could be very young and highly-active magnetars which expends a significant amount of its total magnetic energy ejecting baryons from its surface in a trans-relativistic wind.
- However, the discoveries of periodicity in the burst arrival windows and of FRBs from old stellar population may pose a challenge to magnetar scenarios.
- Many of the physical processes that occur in magnetar magnetospheres could also occur in the magnetized accretion funnel of a BH or NS jet.  
Periodicity in the arrival phase arises naturally from precession of the jet funnel.
- The timescale and luminosities of FRBs require binaries with accretion rates near or exceeding Eddington, pointing to short-lived mass-transfer phases (which may not be representative of longer-lived ULX in the local universe).
- Young “hyper”-ULX nebulae offer a new model for FRB persistent radio sources which contribute high and time-variable local RM and DM.